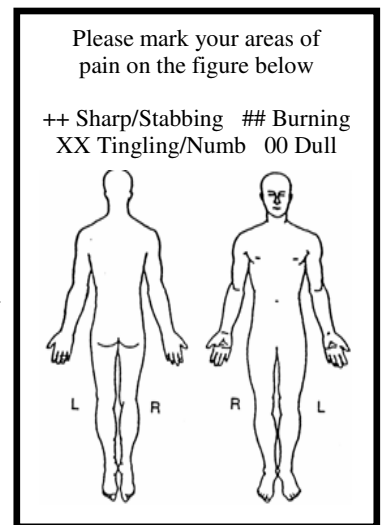


CONFIDENTIAL PATIENT INFORMATION

Name _____ Date _____
Home Ph. _____ Cell Ph. _____
Address _____ City _____ Zip _____ S.S.# _____
Age _____ Birth Date _____ Marital Status M S W D How many children? _____
Occupation _____ Employer _____ Office Ph. _____
Work Address _____ Email Address _____
Name of Spouse _____ Occupation _____ Employer _____
Who may we thank for referring you? _____
Have you had chiropractic care? Yes No If so, who was the doctor and when? _____
Please list your most recent traumas (auto accidents, major falls, sport injuries, etc.):
1. _____ Date: _____
2. _____ Date: _____
3. _____ Date: _____

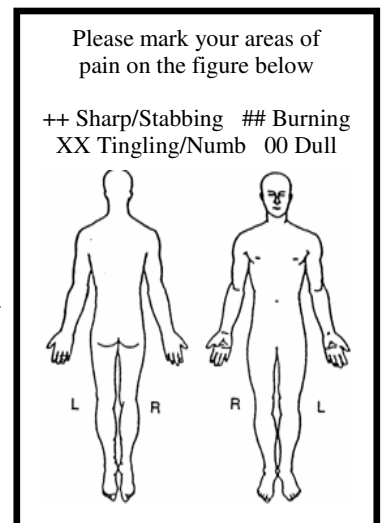
PRIMARY CONDITION – PLEASE DESCRIBE ONE AREA OF COMPLAINT

Please describe your primary complaint: _____
When did it start? _____ Have you had it in the past: Y N When: _____
Please check the appropriate box: The pain is constant it comes and goes
From a scale from 1-10 with 10 being the worst circle the level of pain 1 2 3 4 5 6 7 8 9 10
Please check the box(es) that best describe the pain:
 Sharp/Stabbing Burning Dull Tingling Numbness Other _____
Does your pain travel from the point of pain? Y N If yes, where: _____
Have you seen any other doctors for this condition: Y N Name: _____
What makes it better: _____ Worse: _____
Do any of the following aggravate your condition? Walking Sitting Coughing
 Sneezing Driving Breathing Working Bowel Movements Sleeping
Is this the result of an automobile accident: Y N Work related injury: Y N
If yes, to either question above, please explain: _____
What other treatment have you had for this condition: _____
 Chiropractic Physical Therapy Surgery Other _____
*DOCTOR USE ONLY: _____



SECONDARY CONDITION (If Applicable)

Please describe your secondary complaint: _____
When did it start? _____ Have you had it in the past: Y N When: _____
Please check the appropriate box: The pain is constant it comes and goes
From a scale from 1-10 with 10 being the worst circle the level of pain 1 2 3 4 5 6 7 8 9 10
Please check the box(es) that best describe the pain:
 Sharp/Stabbing Burning Dull Tingling Numbness Other _____
Does your pain travel from the point of pain? Y N If yes, where: _____
Have you seen any other doctors for this condition: Y N Name: _____
What makes it better: _____ Worse: _____
Do any of the following aggravate your condition? Walking Sitting Coughing
 Sneezing Driving Breathing Working Bowel Movements Sleeping
Is this the result of an automobile accident: Y N Work related injury: Y N
If yes, to either question above, please explain: _____
What other treatment have you had for this condition: _____
 Chiropractic Physical Therapy Surgery Other _____
*DOCTOR USE ONLY: _____



ADDITIONAL CONDITION (If applicable)

Please describe any additional complaint: _____

When did it start? _____ Have you had it in the past: Y N When: _____

Please check the appropriate box: The pain is constant it comes and goes

From a scale from 1-10 with 10 being the worst circle the level of pain 1 2 3 4 5 6 7 8 9 10

Please check the box(es) that best describe the pain:

Sharp/Stabbing Burning Dull Tingling Numbness Other _____

Does your pain travel from the point of pain? Y N If yes, where: _____

Have you seen any other doctors for this condition: Y N Name: _____

What makes it better: _____ Worse: _____

Do any of the following aggravate your condition? Walking Sitting Coughing

Sneezing Driving Breathing Working Bowel Movements Sleeping

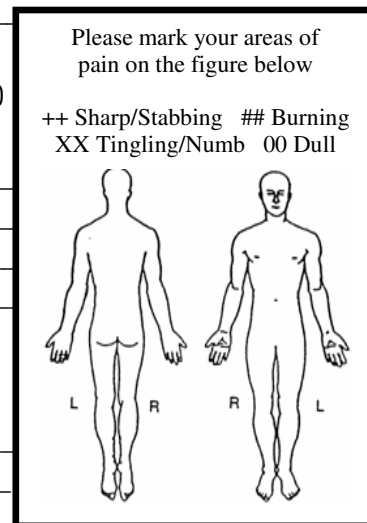
Is this the result of an automobile accident: Y N Work related injury: Y N

If yes, to either question above, please explain: _____

What other treatment have you had for this condition: _____

Chiropractic Physical Therapy Surgery Other _____

*DOCTOR USE ONLY: _____



Medication: Please list all medications you are currently taking. We offer information as to what nutrient deficiencies will be caused by the medications you are taking. If you desire this information please inform your doctor.

1. _____ 3. _____ 5. _____ 7. _____
2. _____ 4. _____ 6. _____ 8. _____

Nutrients: Please list all nutrients you are currently taking. We offer the evaluate the formulations of your supplementation. If you desire this evaluation please bring your nutrients on your next visit.

1. _____ 3. _____ 5. _____ 7. _____
2. _____ 4. _____ 6. _____ 8. _____

Family History: Insert age and check any box that applies

	Age (if living)	Heart Dx	High Cholest	High BI Pressure	Diabetes	Cancer	Anemia	Neck Pain	Low Bck Pain	Carpal Tunnel	Head aches	Obesity
Self												
Mom												
Dad												
Brother												
Sister												
Other _____												

Doctor's Use Only: _____

Please circle the following activities are affected by your current condition.

- | | | | |
|-------------------|--------------------|-------------------|-------------------|
| Bathing | Cooking | Laying down | Sleep |
| Bending | Daily pet care | Lifting items | Sneezing |
| Brushing teeth | Dressing | Reading | Sports |
| Caring for family | Swallowing | Reaching | Static sitting |
| Carrying items | Driving | Running | Static standing |
| Changing of pos. | Eating | Shaving | Washing body/hair |
| Climbing stairs | Exercising | Showering | Work activities |
| Computer use | Getting out of bed | Sexual activities | Yard work |
| Concentration | Household chores | | |

LIFESTYLE: Your lifestyle, diet and exercise habits play an extremely important role in your overall health and risk of chronic disease. The following questions are designed to help us understand your habits and your desires and commitments to make changes to those habits if necessary.

Diet:

1. How much water do you drink a day? ___8-oz. glasses. What kind? Tap Filtered Distilled
2. How many times do you eat fast food each week? _____
3. Y N Do you drink caffeinated beverages? If yes, what kind and how many daily? _____
4. Y N Do you drink alcohol? If yes, what kind and how many drinks a week? _____
5. Y N Do you smoke? If yes, how many packs a day? _____
6. How many servings of fruits & vegetables are you eating a day? 0 1 2 3 4 5 6 7 8 9 10
1 medium fruit = 1 serving 1 cup raw vegetables = 1 serving
7. Do you have any food allergies? If yes, please name: _____
8. On a scale of 1 to 10, what level of stress do you experience daily? 1 2 3 4 5 6 7 8 9 10

Body Composition and Exercise:

1. Y N Current Weight _____ Are you at your ideal weight? If no, what is your desired weight? _____
Are you interested in weight management? Y N
2. Y N Do you engage in any cardiovascular exercise (e.g., aerobics, walking, swimming, etc.)?
If so, which activities? _____ Days Per Wk _____ Time _____
3. Y N Do you do any form of resistance exercises (lift weights) on a consistent basis? Days per week _____
4. Y N Do you ever experience pain after exercising? If so, where? _____ Type of Pain _____
5. Y N Do you participate in any sports? If so, which ones are your favorites? _____
6. Y N What are your health goals for exercise in the upcoming 6 months?

7. On a scale of 1 to 10, what is your commitment to making a lifestyle improvement? 1 2 3 4 5 6 7 8 9 10

Primary Physician

I authorize this office to communicate to my primary physician about the care I receive.

Primary physician: _____ Address: _____ City: _____
Physician Phone #: _____ Pt. Signature: _____ Date: _____

Female Only:

Are you currently having menstrual cycles? ___Yes ___ No If yes, when was the first day of your last cycle? _____
Is there any chance you are pregnant? _____ Yes _____ No

If no, please sign here: _____

Financial Arrangement:

Our office has conservative fees and comfortable payment arrangements. We want to make sure that our patients are able to receive the needed care in an affordable manner. If you have insurance coverage, our office will provide the courtesy of billing your insurance company. Although we provide the service of billing the insurance, any payments that are not received from your insurance company within 60 days will ultimately become your responsibility.

I have read and understand the statements above and give the doctor permission to evaluate me.

Name: _____ Signature: _____ Date: _____

Subjective Health Assessment

Name: _____

Date: _____

Please rate the following symptoms that you have experienced during the past 30 days

0 = Never 1 = Occasional and Mild 2 = Occasional and Severe 3 = Often and Mild 4 = Often and Severe

<u>Head</u>		<u>Heart, Lungs</u>	
0 1 2 3 4	Headache	0 1 2 3 4	Irregular Heart Beat
0 1 2 3 4	Faintness	0 1 2 3 4	Rapid, Pounding Heart Beat
0 1 2 3 4	Dizziness	0 1 2 3 4	Chest Pain
0 1 2 3 4	Sleeplessness	0 1 2 3 4	Chest Congestion
	____Total	0 1 2 3 4	Asthma
<u>Eyes, Ears, Nose, Throat</u>		0 1 2 3 4	Bronchitis
0 1 2 3 4	Stuffy Nose	0 1 2 3 4	Shortness of Breath
0 1 2 3 4	Sinus Trouble		____Total
0 1 2 3 4	Hay Fever	<u>Skin</u>	
0 1 2 3 4	Sneezing	0 1 2 3 4	Acne
0 1 2 3 4	Nasal Congestion	0 1 2 3 4	Dry, Scaly Skin
0 1 2 3 4	Swollen Eyes	0 1 2 3 4	Hair Loss
0 1 2 3 4	Reddened Eyes	0 1 2 3 4	Excessive Sweating
0 1 2 3 4	Watery, Itchy Eyes	0 1 2 3 4	Oily Skin
0 1 2 3 4	Dark Circles Under Eyes	0 1 2 3 4	Hot Flashes
0 1 2 3 4	Blurred Vision		____Total
0 1 2 3 4	Earache, Ear Infection	<u>Digestion</u>	
0 1 2 3 4	Ringing in the Ears	0 1 2 3 4	Nausea, Vomiting
0 1 2 3 4	Coughing	0 1 2 3 4	Diarrhea
0 1 2 3 4	Sore Throat	0 1 2 3 4	Constipation
0 1 2 3 4	Hoarseness, Loss of Voice	0 1 2 3 4	Heartburn
0 1 2 3 4	Canker Sore	0 1 2 3 4	Stomach Pain
0 1 2 3 4	Discolored Lips or Gums	0 1 2 3 4	Bloating
	____Total	0 1 2 3 4	Belching, Gas
			____Total
<u>Memory, Emotions</u>		<u>Joints</u>	
0 1 2 3 4	Mood Swings	0 1 2 3 4	Stiffness/Lack of Motion
0 1 2 3 4	Anxiety, Nervousness	0 1 2 3 4	Arthritis
0 1 2 3 4	Anger, Irritability	0 1 2 3 4	Pain in the Muscles
0 1 2 3 4	Aggressiveness	0 1 2 3 4	Pain in the Joints
0 1 2 3 4	Depression		____Total
0 1 2 3 4	Poor Memory	<u>Energy Levels</u>	
0 1 2 3 4	Confusion	0 1 2 3 4	Weakness
0 1 2 3 4	Lack of Concentration	0 1 2 3 4	Fatigue
0 1 2 3 4	Difficulty in Making Decisions	0 1 2 3 4	Hyperactivity
0 1 2 3 4	Stuttering	0 1 2 3 4	Restlessness
0 1 2 3 4	Slurred Speech		____Total
0 1 2 3 4	Learning Disabilities		
	____Total	<u>Weight</u>	
		0 1 2 3 4	Binge Eating/Drinking
		0 1 2 3 4	Craving Certain Foods
		0 1 2 3 4	Excessive Weight
		0 1 2 3 4	Water Retention
		0 1 2 3 4	Overweight
			____Total
			Grand Total _____

PATIENT CONSENT FORM

FOR USE AND/OR DISCLOSURE OF PROTECTED HEALTH INFORMATION TO CARRY OUT ANALYSIS, TREATMENT, PAYMENT AND HEALTHCARE OPERATIONS.

I, _____ hereby state that by signing this consent, I acknowledge and agree as follows:

___ 1. The practice's Privacy Notice has been provided to me prior to my signing this consent. The Privacy Notice includes a complete description of the uses and/or disclosures of my protected health information (PHI) necessary for the practice to provide analysis and treatment for me, and also necessary for the practice to obtain payment for that treatment and to carry out its healthcare operations. The practice explained to me that the privacy notice would be available to me in the future at my request. The practice has encouraged me to read the privacy notice carefully prior to signing this consent.

___ 2. The practice reserves the right to change its privacy practices that are described in its privacy notice, in accordance with applicable law.

___ 3. I understand that, and consent to, the following appointment reminders that will be used by the practice:

- Postcards mailed to the addresses I have provided.
- Telephoning me at the numbers I have provided and leaving messages for me on my answering machine or with the individual answering the phone.

___ 4. The practice may use and/or disclose my PHI (which includes information about my health or condition, analysis, and the treatment provided to me) in order for the practice to make analyses about my condition(s), treat me, obtain payment for that treatment, and as necessary for the practice to conduct its specific health care operations.

___ 5. I understand that I have the right to request that the practice restrict how my PHI is used and/or disclosed except to obtain payment for treatment provided. However, the practice is not required to agree to any restrictions that I have requested, and I have the right to refuse treatment.

___ 6. I understand that this consent is valid as long as I am a patient in this office. I further understand that I have the right to revoke this consent, in writing at any time for all future transactions, with the understanding that any such revocation shall not apply to the extent that the practice has already taken action in reliance on this consent. If I revoke this consent at any time, the practices has the right to refuse to treat me.

___ 7. I give Align Life permission to treat me in a room that is not fully enclosed. I am aware that other persons in the office may overhear some of my protected health information during the course of care. Should I need to speak with the doctor at any time in private, I understand the doctor will provide a private room for consultations

___ 8. The doctor recommends that my spouse be present at my report of findings visit; therefore I hereby give permission for my protected health information to be disclosed at that time and at any time my spouse contacts the office to check on my status.

___ 9. This office posts a notice for Patient of the Week. If I receive that designation I authorize Align Life to post my name in the office.

I have read and understand the above statements. I understand that I have the right to refuse to sign this authorization. If I choose to decline signing this consent form, this practice will not treat me.

Date: _____

Patient's Name (Printed) _____

Patient Name (Signed) _____

Patient DOB: _____

TERMS OF ACCEPTANCE

When a patient seeks chiropractic care and we accept a patient for such care, it is essential for both to be working towards the same objective.

Chiropractic has only one goal: To restore the health potential of the body by removing spinal nerve impingements (called subluxations) which may be contributing or causing certain health condition. To remove the spinal nerve impingement a specific process is used which is called a chiropractic adjustment. It is important that each patient understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment.

Although chiropractic has clinically been associated with the reduction of many symptoms and health conditions, we do not offer to diagnose or treat any disease. We only offer to diagnose either vertebral subluxations or musculoskeletal conditions. However, if during the course of a chiropractic spinal examination, we encounter non-chiropractic or unusual findings, we will advise you. Regardless of what the disease is called, we do not offer to treat it.

When pressure is removed off a nerve, the nerve will begin to heal and that will increase the function of the muscles, joints and organ systems the nerve supplies. Additional information is provided on our website at www.AlignLife.com.

I have read and understand the information above.

Print Name: _____ Sign: _____ Date: _____

AUTHORIZATION AND ASSIGNMENT OF BENEFITS

To: Align Life

1. You are authorized to release any information you deem appropriate concerning my health condition to any insurance company, attorney or adjuster in order to process any claim for reimbursement of charges occurred at this office.
2. I authorize and assign the direct payment to you of any sum I now or hereafter owe you by my attorney out of the proceeds of any settlement of my case, and by any insurance company obligated to reimburse me for the charges for your services of otherwise obligated to make payment to me or you based in whole or in part upon the charges for your services.
3. I give assignment lien against any claims against a third party whose negligence may have caused my injury, up to the bill for treatment.
4. In the event any insurance company obligated by contractual agreement to make payment to me or to you for the charges made for your services refuses to make such payment upon demand by you, I hereby assign and transfer to you the cause of action that exists in my favor against any such company (the name (s) of which I believed to be correctly set forth under pertinent data below) and authorize you to prosecute said action either in my name or your name as you see fit and further authorize you to comprise, settle or otherwise resolve said claim as you see fit. I understand that whatever amounts you do not collect from insurance proceeds (whether it is all or part of what is due) I personally owe you.

Print Name: _____ Sign: _____ Date: _____